

SUGGESTED PICOWAY RESOLVE PRE/POST CARE INSTRUCTIONS

PRE-TREATMENT INSTRUCTIONS:

1. Avoid the sun 4 weeks before treatment.
2. Please stop the use of and retinal, lactic acid, glycolic acid and salicylic acid 4 days before treatment.
3. Please stop the use of prescription acne medications and/or topical creams 7 days before treatment.
4. Patient to avoid skin irritation or intentional skin tanning. Sunblock is advisable when outdoors during daylight hours.
5. Patient should arrive for treatment with clean skin. There should be no lotion, make-up, perfume, powder or bath/shower oil present on the skin in the area to be treated.

POST-OPERATIVE TREATMENT CARE:

1. Immediately after treatment you will be redness and or swelling at the treatment site can occur and may last up to 24 hours or longer, depending on the intensity of the treatment being done that day. Pinpoint bleeding may also occur.
 2. Avoid sun exposure to for 2 weeks to reduce the chance of hyperpigmentation (darkening of the pigments)
 3. Use sun protection of at least 30+ at all times throughout the course of your treatments. Remember to reapply sun protection every 2-3 hours for the next 7 days post treatment.
 4. You will experience some itchiness by day 3 or 4. Please do not scratch your face, just apply cool compresses and apply more Image IRESCUE balm or IsClinical SHIELD RECOVERY Balm to your skin to quickly heal it.
 5. You may also experience dryness/tightness to your skin. All you have to do is apply Hyaluronic acid and or moisturizer (non-acid, non-active) to your skin.
 6. Some people may react with tiny like pimples all over and itchiness, this is your skin's anti-histamine reaction to it. Apply a 1% hydrocortisone (can be found over the counter = Cortisone10 cream) to clean face and mix with moisturizer or Image IRESCUE balm or IsClinical SHIELD RECOVERY Balm.
 7. Be gentle with your skin. Cleanse with a gentle cleanser, do not scrub, do not use any active ingredients in your skincare until finish healing then you may resume normal skin care routine.
 8. Call your provider's office at 703.698.8162 and or email info@sechoirbeautybarva.com if you have any questions or concerns.
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