

Facial Pre and Post Care

(HydraFacial, DiamondGlow, Dermaplane)

- Avoid exfoliants, retinols, and active serums (AHA/BHA) three to four days prior to your appointment. This will reduce the chances of sensitivity and reaction.
- The following procedures should be avoided at least one week prior to your appointment: waxing, electrolysis, and depilatory creams.
- If you have received neurotoxins (Botox, Dysport, Xeomin, Daxxify, etc) you will need to wait two weeks after in order to receive any facial services. If you have received any fillers (Juvederm, Restylane, etc) or threads you must wait a minimum of four weeks to receive any facial services.
- Avoid excessive sun exposure two weeks before and after your appointment. Compromised skin will not be able to receive a full treatment. A sunscreen of SPF 30 or higher is mandatory daily, including reapplying throughout the day.
- Post treatment you should avoid exercise, excessive heat, and prolonged sun exposure for one or three days. Exfoliating products and retinols should be avoided for three or four days post treatment. Your provider will instruct you if they would like you to wait longer.
- Redness and minor swelling or flaking can be expected. These are uncommon but possible symptoms depending on specific serums used throughout the treatment. If you are experiencing symptoms that do not fall into these normal ranges feel free to contact our office by calling 703-289-0175. We advise you to document and send us pictures of any reactions so we can assist you further immediately.